



IT'S SKIN

REJUVENATION SEASON

Advanced rejuvenation treatments with *Dr Kim*

As much as we love the healthy glow of summer, there is a bright side to the colder months where lower exposure to UV rays from the sun means that it is time to focus on the more advanced rejuvenation treatments and restoring your youthful skin. Dr Kim discusses a few of her all-round winter skin winners.

SKIN CARE

Skin can feel dry and unsettled so you may want to change moisturiser or apply a hyaluronic acid serum underneath. It's also time to re-start your retinol after a summer break and use of regenerative ingredients (peptides and growth factors) will also help restore firm and glowing skin.

GENEO GLAM

There is no need to introduce the Geneo Superfacial, beloved by celebrities and beauty bloggers, and recently

awarded the Forbes no.1 'Facial of the Future' accolade. It's a 4-in-1 treatment that combines radiofrequency skin tightening and deep exfoliation with an infusion of oxygen, hyaluronic acid and amino acids into the skin. The exciting new Geneo Glam OxyPod is formulated with pure gold flakes and silk amino acids to improve skin elasticity and firmness, along with a combination of ingredients to help minimise the appearance of wrinkles with antioxidant and anti-inflammatory benefits.

PROPHILO

For a quick-acting plumping and hydrating skin boost, an injectable treatment like Prophilu may be the answer. A complex, highly concentrated hyaluronic acid is injected into specific points in the face or neck, diffusing through the tissue planes to draw over 10,000 times its weight in water to the skin. Treatments are repeated after 28 days for a longer lasting biorevitalisation effect.

“New generation hybrid energy treatments lead to enhanced results with minimal discomfort”

LIPOFIRM FACELIFT

The LP FaceLift is our clinic's most popular non-invasive treatment to tone, tighten and lift the skin on the face and neck. Radiofrequency (RF) delivers instantaneous skin tightening and induces longer term collagen induction and stimulation of the body's own elastin and hyaluronic acid. Dynamic Muscle Activation tones the facial muscles and the lower face to firm the jawline and under-chin.

HYBRID ENERGY RF MICRONEEDLING

Radiofrequency microneedling is without a doubt the treatment of the moment, to help tighten and firm skin on the face and body. New generation hybrid energy treatments lead to enhanced results with minimal discomfort and recovery time. Some newer treatments like VoluDerm HE also help to restore volume to the deeper layers of the skin so are great alternatives to injectable dermal fillers.

NON-SURGICAL FACELIFT PROGRAMMES

Combination programmes like the Legend M3 or Pyramid FaceLifts deliver highly effective results, even in mature skins. Muscle toning, RF skin tightening, volumising and resurfacing treatments are combined in a single session and conducted as a course of 3 to 6 treatments. 📍



DR KIM

If you have any questions you are welcome to email Dr Kim on drkim@psmd.co.uk or call 01372 371201. penroseclinic.co.uk and drkplclinic.co.uk @dr.kimprescott @penrosebodyandskin